



ALIEF AARP CHAPTER #3264
AARP chapters are separately incorporated affiliates of AARP.
NEWSLETTER
JULY 2026



President's Message



July 4th is the 250th birthday of the USA. We celebrate 250 years of Freedom. I hope everyone enjoys the holiday with family and friends.

Our program this month will test our creative minds. Mary Winstead will bring the supplies for us to do a simple craft. Looking forward to creating something of my own design.

Remember to wear your nametag at all meetings and bus trips. Wearing your nametag for our bus trips help us keep track of everyone.

We are sad to say that Jan Albers has resigned her positions as Membership Chairman and Sunshine Chairman. Austrun Runnels has agreed to take on the Membership duties. I will handle the Sunshine Chairman duties until we can find a replacement.

Thanks for all you do,

Linda Edwards

Make sure to visit our newly updated website: www.aliefaarp3264.org.

Recent updates, including photos, have been made.

July Dates to Remember

July 2	Civil Rights Act Anniversary
July 4	USA 250 Days of Freedom

AARP LEGISLATIVE UPDATE FOR JULY 2026

FRAUD AWARENESS!!!!**Get Tips to Avoid Scams & Fraud**

Hello everyone! This month I am sharing with you some information from the AARP magazine. As an AARP member you receive the national magazine. It is available in hard copy and in digital form. A hot topic this month is FRAUD. Basically, this is where people, especially seniors, are targeted with jury duty scams, identity theft, and other scams to try to separate you from your hard-earned money.

Incidents of fraud have exploded, with older adults suffering the greatest financial impact from fraud last year, according to the FBI's 2025 IC3 Annual Report. Americans age 60 and older reported losses of \$7.7 billion — about a 60 percent increase from 2024.

But because so many victims don't report these crimes, these figures don't reflect fraud's true impact: Losses in a single year may have reached \$196 billion when accounting for underreporting, the FTC reported last year.

How to combat this scourge? One important way is through awareness: Knowing which scams are currently the most prevalent, how they work, and how to avoid them.

You'll find the answers to all the above in this series of articles. You can read each of these articles in your magazine. If you are not receiving the magazine, please contact AARP to have your copy of the magazine sent to you.

Series overview

- 1. Scams to Watch in 2026**
- 2. How AI-Powers Fraud**
- 3. Avoid Recovery Scams**
- 4. Wrong Number Text Scams**
- 5. Crypto Investment Scams**
- 6. Toll Road Collection Scams**
- 7. Jury Duty Scams**
- 8. Publisher's Clearing House Scams**
- 9. How Romance Scams Work**
- 10. Amazon Impersonation**

Programs

July 2, 2026 – Mary Winstead – Arts & Crafts



Mary's beginning as an 'army brat' has taken her all over the United States and to other countries. She attended 14 different schools, so it is all together fitting that she spent most of her career managing different programs in 94 schools of El Paso's ISD. Mary was a lobbyist for child nutrition programming in Texas and was on the committee that ushered out fried food in public schools. She was also on the team advocating for free breakfast for every student.

In retirement, she continues to speak at conferences & for senior groups on safety and sanitation, nutrition, and basic wills. Mary volunteers her talents, graciously sharing her hobbies in arts & crafts.

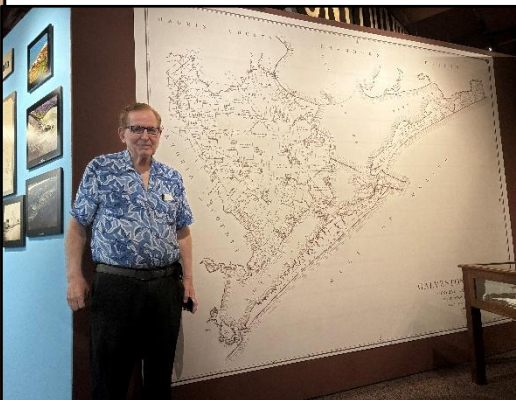
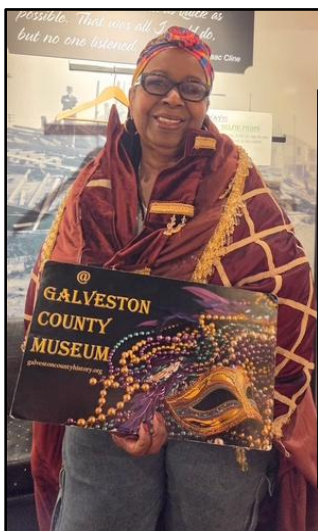
August 6, 2026 –Tiffany D. Thomas - Council Member District F



Tiffany D. Thomas is a transformative public servant and visionary leader, serving as the first female Houston City Council Member for District F - one of the most diverse communities in Texas. Re-elected in 2024, she is known for bold leadership, a people-centered approach, and fearless policy execution, redefining what local government can achieve through courage, clarity, and community trust.

Her signature initiatives include the [Faith & Affordable Housing Summit](#), bridging faith institutions and developers, and heirs' property education to preserve generational land in historically Black and Brown neighborhoods. With cultural fluency and policy insight, Thomas convenes multiracial, multiethnic, and intergenerational coalitions that shape Houston's future.

Beyond City Hall, Thomas is an Associate Professor of Community Development at Prairie View A&M University, connecting research to action. Her work is nationally cited and replicated, reinforcing her role as a bridge between scholarship, policy, and grassroots leadership.



Photos from Galveston County Historical Museum

TRAVEL

Future Dates of Reserved Bus Trips

July 14, 2026 – Tuesday – **Houston Ship Channel** – Barbara Mireles - Bus Coordinator



The M/V Sam Houston has been operating as Port Houston's public tour vessel since its inaugural voyage on July 30, 1958. This free service offers a leisurely, 90-minute round-trip, educational tour along the Houston Ship Channel. Individuals and groups are invited aboard to learn more about the port and maritime industry.

August 7, 2026 – Friday – **Holey Moley Putt Putt Golf** – Linda Edwards - Bus Coordinator
(Flyer and details in progress)



Holey Moley features three, nine-hole mini golf courses. This cute and unique mini golf course is so creative – themes from Godzilla to giant toothpaste! We'll be serving up the craziest round of mini golf you've ever played - from the moment you tee off, to the final hole, you never know where you might end up. Play up and kid around with our 'Kid in a Candy Shop' Hole, win big at the 'FORE in a row' hole, or live out a millionaire's dream by 'Makin' it Rain'. Holey Moley is the craziest round of golf you've ever played!

2026 Trip Dates - Save the Date

<u>Day</u>	<u>Date</u>	<u>Coordinator</u>	<u>Venue</u>	<u>Restaurant</u>	<u>Price</u>
Friday	9/25/2026		TBD		
Thursday	10/8/2026	Valeri Russell	George Ranch	Joe's Café	\$20.00
Tuesday	11/17/2026	Valeri Russell	Moody Gardens	Rainforest Café	\$30.00
Friday	12/11/2026		TBD		

Sunshine Chairman

Linda Edwards is our **Sunshine Chairman** this year. She will send e-cards, birthday cards, get well cards, thinking of you cards, and sympathy cards to our members.

If you know of any of our members who should receive a card from Alief AARP Chapter 3264, please advise **Linda Edwards** at 713-202-8800 or email: dance.partners@yahoo.com.

Note: We are looking for a new Sunshine Chairman. If you are interested, please contact Linda Edwards (contact info above).

Donations – Collections 2026

We will no longer be collecting food for distribution. There are nearby sites where you can take your donations.

Also, The Board of Directors has voted to resume collecting the following items for donations:

Cell Phones to be refurbished and distributed to Battered Women.
Eye Glasses

Please bring your donations to our monthly General Meetings and give them to **Community Service Chairman Valeri Russell**.

Volunteer Hours

Remember to sign in your volunteer hours at the monthly general meeting. This is one of the most important things we can do each month. Be a “Texas Star”! Let us validate the fact that we are a service organization, not a social organization.

If you attend the Alief AARP Chapter 3264 monthly meeting, please sign in for the 2-hour service. If you help a friend, attend an AARP General Meeting, help at your church, help your neighbors, run errands for someone, help at a hospital or anything else where you donate your time, all of your time spent doing for others (including travel time) is considered **volunteer hours**.

July Birthdays

July 1	Patricia Johnson
July 1	Linda Nwoke
July 3	Linda Cornett
July 7	Loretta Gentry
July 10	Carmen Baynes
July 15	Paul Kiang
July 18	Mary Harris



General Information

Attendance (June 4): 38 Members & 5 Guests

New Members: 1

Total Members: 93

Volunteer Hours for February: 923

Upcoming Meetings

July General Meeting

Thursday, July 2, 2026

Time: 10:00 a.m. – 12 Noon

Location: The Salvation Army Church
7920 Cook Road, Houston, TX 77072

July Board Meeting

Thursday, July 16, 2026

Time: 10:30 a.m. – 12 Noon

Location: The Salvation Army Church
7920 Cook Road, Houston, TX 77072

August General Meeting

Thursday, August 6, 2026

Time: 10:00 a.m.- 12 Noon

Location: The Salvation Army Church
7920 Cook Road, Houston, TX 77072



Officers & Committees 2026**President**

Linda Edwards	713-202-8800
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Vice President

Doris Hemsworth	281-493-2428
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Treasurer

Katherine Miller	281-530-7037
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Assistant Treasurer

Barbara Mireles	316-616-7499
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Secretary

TBD-looking for a new Secretary

Assistant Secretary

Jean Matthews	713-828-7383
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Three Year Directors

Brian Placette	713-854-0926
Bunny Trammell	832-845-8742

Two Year Directors

Lucy Rosario Cavazos	346-529-8428
Iola Williams	713-822-5398

One Year Directors

Nancy Carter	713-825-0456
Valeri Russell	281-923-0349

Immediate Past President

Jan Albers	281-785-7372
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Community Service

Valeri Russell	281-923-0349
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Health

Lewis Kana	713-882-9714
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Helping Hands – The Board of Directors**Hospitality**

Ethel Kujimiyo	281-731-8638
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Legislative

Austra Runnels	281-686-4319
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Meals on Wheels

Willie Mae Wilson	281-536-1991
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Membership/Yearbook

Austra Runnels	281-686-4319
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Nametags

Austra Runnels	281-686-4319
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Newsletter

Linda Edwards	713-202-8800
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Nominating

The Board of Directors

Programs

Iola Williams	713-822-5398
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Public Relations

Valeri Russell	281-923-0349
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Raffle

Nancy Carter	713-825-0456
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Sunshine

Linda Edwards	713-202-8800
(looking for new chairman)	

Telephone

Linda Edwards	713-202-8800
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Travel

Valerie Johnson	281-785-1943
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Volunteer Hours

Austra Runnels	281-686-4319
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Webmaster

Brian Placette	713-854-0926
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**** Committee Chairmen subject to change ****